

Pennie O'Neal-Worster

Address: Healing Arts Clinic, Mt. Ascutney Hospital, 393 County Road, Windsor, VT 05089

Tel: (802) 674-7037 or (603) 558-0521 (cell)

Fax: (802) 674-7155

E-mail: pennie.worster@mahhc.org

Specialty care: Cognitive behavioral therapy

for treating anxiety and depression, OCD, acute grief, panic attacks. Individual, family and couples counseling;

Ages served: Adult; children as part of family counseling

Insurances accepted: Private pay; sliding scale fee

Degree/Licensure: BS, Behavioral Sciences, Rostered psychotherapist

Days available: Monday, Wednesday, Friday, Saturday

Deborah Kelin Smith, M.Ed., LADC

Address: Mt. Ascutney Hospital and Health Center, 289 County Road, Windsor, VT 05089

Tel: (802) 674-7382 **Fax:** (802) 674-7314

E-mail: dkkelinsm@hcrs.org

Specialty care: Short term counseling for depression, anxiety, and substance abuse

Ages served: Adults who receive their primary care at Mt. Ascutney Hospital or the Ottauquechee Health Center

Insurances accepted: Blueprint Grant funded; all insurances or no insurance

Degree/Licensure: Masters of Education and Licensed Alcohol and Drug Abuse Counselor

Hours available: Monday-Friday, 9am - 5pm

Holliday Rayfield, MD

Address: Mt. Ascutney Physicians Practice, Mt. Ascutney Hospital, 289 County Road, Windsor, VT 05089

Tel: (802) 674-7057 **Fax:** (802) 674-7119

Specialty care: General adult psychiatry; evaluations and follow up for medication, consultations with PCPs for medication follow up

Ages served: Adult

Insurances accepted: All insurances

Degree/Licensure: MD, University of Vermont

Days available: Alternating Tuesdays

Victoria Wilk, MS

Address: Mt. Ascutney Physicians Practice, Mt. Ascutney Hospital, 289 County Road, Windsor, VT 05089

Tel: (802) 674-7057 **Fax:** (802) 674-7119

Specialty care: Psychiatry; psychopharmacology assessments and follow-up

Ages served: 16 and older

Insurances accepted: All insurances

Degree/Licensure: MS in psychiatric nursing; Licensed as Advance Practice Registered Nurse, clinical specialist with prescriptive authority

Days available: Alternating Tuesdays

MT. ASCUTNEY HOSPITAL AND HEALTH CENTER

289 County Road • Windsor, VT 05089

Main number: (802) 674-6711

www.mtascutneyhospital.org

Mental Health Providers

in the Windsor, VT area



MT. ASCUTNEY HOSPITAL AND HEALTH CENTER



**Ronald P. Cepetelli, MSW,
LICSW, Psyad.**

Address: 2975, Route 44, Brownsville, VT 05037
and Windsor Community Resource Center,
1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 356-3388 **Fax:** (802) 674-2999
E-mail: rcpette@comcast.net

Specialty care: Psychodynamic psychotherapy,
psychoanalysis for treatment of anxiety, depression,
panic attacks, agoraphobia, communication
issues, health issues, aging, caregiver issues
Ages served: adolescent, adult, elderly,
couples, group, supervision
Insurances accepted: Most insurances
accepted including Medicare/Medical
Hours available: Monday-Friday, daytime and
some evening appointments

Karen Chalom, LICSW

Address: Healing Arts Clinic, Mt. Ascutney
Hospital, 393 County Road, Windsor, VT 05089
Tel: (802) 457-6191
Fax: (802) 457-6191 (must be present to receive)
E-mail: karenchalom@yahoo.com

Specialty care: Traditional talk therapy, holistic/
mind/body approaches, expressive arts therapies
for children, adults, individuals, couples, families.
Life issues including depression, life transitions,
parenting, anger, stress, trauma, PTSD, anxiety,
relationships, grief and loss.

Ages served: 9 years to senior adults
Insurances accepted: VT/NH Medicaid,
Dr. Dinosaurs, NH Healthy Kids, Medicare, Blue
Cross/Blue Shield, MVP, Cigna, Aetna, United
Behavioral Health, CBA, PHR, more

Degree/Licensure: Licensed Ind. Clinical Social
Worker; Certified Therapeutic Rec. Specialist
Days available: Wednesday, Thursday, Friday

Dana Deschamp, LICSW

Address: Mt. Ascutney Professional Building,
Suite 102, Mt. Ascutney Hospital, 287 County
Road, Windsor, VT 05089
Tel: (802) 952-1029
E-mail: danatreuhat@yahoo.com

Specialty care: Using cognitive behavioral
therapy and ARC framework for children and
adolescents, families, child abuse and neglect,
complex trauma, anxiety, depression, autism,
spectrum disorders
Ages served: All
Insurances accepted: Medicaid, Medicare,
Blue Cross/Blue Shield, Anthem; Soon will be
accepting Cigna and MVP
Degree/Licensure: Trainings in complex trauma,
autism, spectrum disorders, anxiety disorders
Hours available: 20 hours/week

Marilyn Gabriel, PhD

Address: 2484 US Rte. 5, Windsor, VT 05089
Tel: (802) 674-7402
E-mail: marilyn.gabriel@mahhc.org
Specialty care: Cognitive behavioral therapy,
neurotic and personality disorders, anxiety, PTSD,
life-style changes for better health

Ages served: All
Insurances accepted: Medicaid, Medicare,
Blue Cross/Blue Shield of VT, MVP, Cigna, United
Health Care, Tri-Care, Harvard Pilgrim, Anthem
BC/BS
Degree/Licensure: Licensed Independent
Clinical Social Worker; Yoga Alliance Certified
Kundalini Yoga Instructor; Forensic and diagnostic

Days available: Wednesday, Thursday, Friday
assessment; Hypnosis.

Tim Hebert, MS, LADC

Address: Windsor Community Resource
Center, 1 Railroad Plaza, Windsor, VT 05089
Tel: (802) 674-6847 **Fax:** (802) 674-2999
E-mail: tpr3cats3@comcast.net

Specialty care: Alcohol and Drug Counseling,
DUI Counseling, Assessments for Probation
and Court Diversion
Ages served: 12 and up
Insurances accepted: Many insurances
accepted; Vermont Medicaid
Degree/Licensure: Masters Degree in
Counseling and Human Development, Licensed
Alcohol and Drug Abuse Counselor
Days available: Monday, Tuesday, Wednesday,
4pm - 7pm

Dr. Fred Lord

CT Valley Recovery Services
Address: 17 State St., Windsor VT 05089
Tel: (802) 674-9400 **Fax:** (802) 674-9410
E-mail: cvrsi@comcast.net
Specialty care: Addiction medicine and pain
medication consultation/management
Ages served: 18 and older

Insurances accepted: Medicare, VT Medicaid,
VT Blue Cross/Blue Shield, Other Blue
Cross/Blue Shield plans by agreement

Degree/Licensure: MD, University of Vermont,
Fellowship trained in Addiction Medicine,
University of Florida, Licensed in VT
Days available: Tuesday, Wednesday, Thursday
by appointment

**Rebecca Mackenzie, MSW,
LICSW, CSSW, BCPC**

Address: P.O. Box 304, Claremont, NH 03743
Office: Trinity Evangelical Free Church, 44 Main
Street, Windsor, VT 05089
Tel: (603) 504-2851 **Fax:** (603) 542-0268
E-mail: rbmackenzie@myfairpoint.net

Specialty care: cognitive behavioral therapy;
solution-focused, emotional-focused therapy,
couples; depression; anxiety; ADHD; PTSD;
relational, parenting, attachment problems
Ages served: children, adolescents, adults
Medicaid; Anthem Blue Cross/Blue Shield
Insurances accepted: VT Medicaid; NH
Medicaid; Licensed Clinical Social
Worker (VT), Licensed Ind. Clinical Social
Worker (NH), Certified School Social Worker,
Board Certified Professional Christian Counselor
Days available: Tuesdays, 9am - 6pm

Lee Monro, MA

Address: Mt. Ascutney Professional Building,
Suite 102, Mt. Ascutney Hospital, 287 County
Road, Windsor, VT 05089
Tel: (802) 674-5136 **Fax:** (802) 674-7349
E-mail: leemonro@gmail.com or
cecily.monro@mahhc.org
Specialty care: Individual, couples and family
therapy

Ages served: 12 through adult
Insurances accepted: Blue Cross/Blue Shield,
Anthem, VT Medicaid, Harvard Pilgrim, Aetna,
UBH, Cigna (out-of-network) and most others
Degree/Licensure: MA, Counseling
Psychology, Licensed VT psychologist-master
Days available: Tuesday, Wednesday, Thursday,
Occasional Mondays, Fridays, as needed