

## Press Release

### FOR IMMEDIATE RELEASE

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### **Minimally Invasive Spine Surgery (MISS) What makes it better than “open surgery”?**

**GREENWICH, CT** – On **Wednesday, March 31** from 6:30 p.m. to 8 p.m., the ONS Foundation for Clinical Research and Education will present a talk at Greenwich Hospital on **Why Minimally Invasive Spine Surgery (MISS) is better than open surgery?** New technologies and treatments are helping patients recover from painful conditions of the spine. Surgeons now perform complex spinal surgeries through tiny incisions that were once only possible through open incision surgery. Neurosurgeon Simon Simon, MD of the ONS Foundation will discuss the latest advances in spine surgery and how MISS is being used to treat disc herniations, spinal stenosis, osteoporotic compression fractures, degenerative disc disease and spinal instability. As with open spine surgery, the goal is to safely return patients to their normal life, quickly, and with as little pain and discomfort as possible. The program will take place at the Noble Conference Center at Greenwich Hospital. Registration is requested. To register, call (203) 863-4277 or (888) 305-9253 or register on line: [www.greenhosp.org](http://www.greenhosp.org).

**Dr. Scott Simon** is a physician at ONS, Orthopaedic and Neurosurgery Specialists, PC at Tully Health Center in Stamford. He specializes in the treatment of adult and pediatric spinal pathology and serves on the staff at Greenwich and Stamford Hospitals. He is neurosurgical director of Cyberknife Radiosurgery for the Stamford Hospital CyberKnife® team and serves as director of neurosurgical trauma at Stamford Hospital. He is also a spinal consultant for the Shriners Hospital for Children.

#### Coming Up

On **Thursday, May 20**, from 1 to 2 p.m, the ONS Foundation will present **The Female Athlete: Preventing Sports Injuries in Women** at the Rye Library. Primary-care sports medicine physician Gloria Cohen, M.D. and orthopedic surgeon Katherine Vadasdi, MD, of the ONS

Foundation, will present a talk about the unique risks women have for potentially serious injuries and what can be done to avoid them. The Female Athlete will shed light on why some injuries are unique to women and how biomechanics and the nutritional needs of women play a role. The doctors will discuss some of the danger signs and symptoms of overuse injuries and will examine the risk factors associated with different sports. The Rye Library is located at 1061 Boston Post Rd, Rye, NY. Please call (203) 863-4277 or (888) 305-9253, or register on-line at [www.greenhosp.org](http://www.greenhosp.org). Admission is free and refreshments will be served. Registration is required.

**ONS Foundation for Clinical Research and Education, Inc.** is a registered not-for-profit, 501(c)3 organization devoted to understanding the causes and optimal treatments of orthopedic injuries and musculoskeletal conditions. The ONS Foundation, in alliance with Greenwich Hospital, strives to improve standards of excellence for the treatment of musculoskeletal disorders through clinical research, physician and patient education, and community outreach programs. The Foundation sponsors injury prevention and other seminars throughout the year. The office is located at 6 Greenwich Office Park, 10 Valley Drive, Greenwich, CT. For further information about the ONS Foundation, visit [www.ons-foundation.org](http://www.ons-foundation.org) or call (203) 869-3131.

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